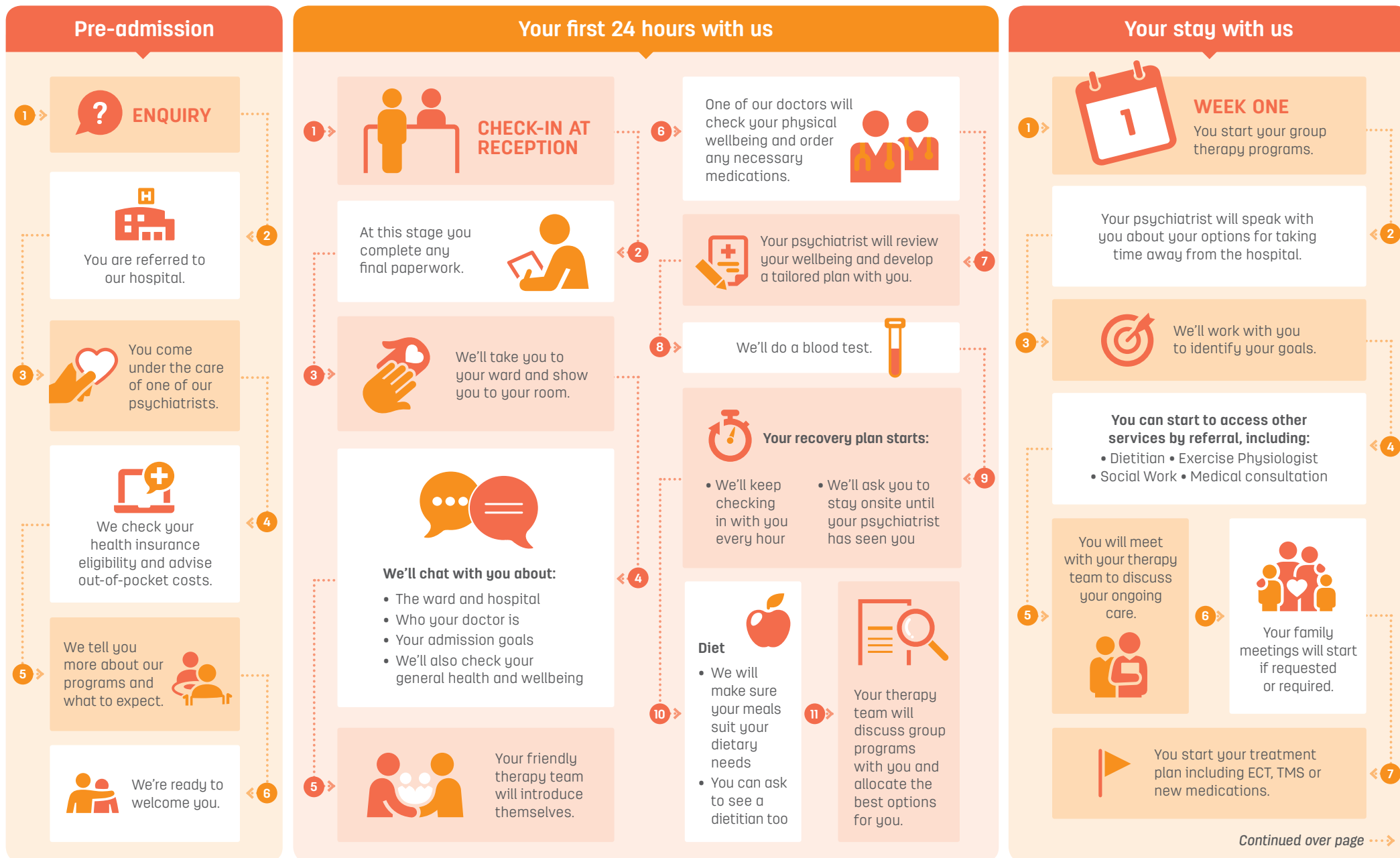


# Your stay with us

We're with you every step of the way to help you get back to good health.



## Your stay with us (continued)



### WEEK TWO

You continue your group therapy programs, including any optional groups.



Your psychiatrist will review your medications, treatment plan and any requests for time away from hospital with you.



You will review your goals with your primary nurse.



You will meet with your therapy team to plan your discharge date.



### WEEK THREE

You will continue your group therapy programs and treatments.



You will plan your discharge date, seek referrals for ongoing care and create a safety plan with your therapy team. You will also receive a referral to the Counselling and Therapy Centre for ongoing care.

You will meet with the pharmacist for information on your medications.



You'll have your family discharge planning meeting if requested or required.



### DAY OF DISCHARGE

#### You're going home.

Your nurse will give you any paperwork you need and check that you have your recovery plan ready.

We'll send your discharge summary to your GP.



We will give you your medication.

We will complete a discharge risk assessment.



We'll check to see if you have an appointment with your GP or psychiatrist.

Your stay with us doesn't stop on discharge. We are with you every step of the way to help you get back to good health.

## Follow-up

### ATTEND COUNSELLING AND THERAPY CENTRE APPOINTMENTS




We'll call you or visit you to check how you are going.

You continue your recovery by attending day programs, including ECT and TMS.



You will continue any individual appointments with your psychiatrist, psychologist or with your GP.

 Consumer reviewed and approved

For more information:

- If you are currently a patient with us, speak to your nurse
- For family, friends or general enquiries call us on (02) 4570 6100 or visit [sjog.org.au/richmond](http://sjog.org.au/richmond)